3 GOOD HEALTH AND WELL-BEING





3 GOOD HEALTH AND WELL-BEING

SDG 3: Good Health and Well – being

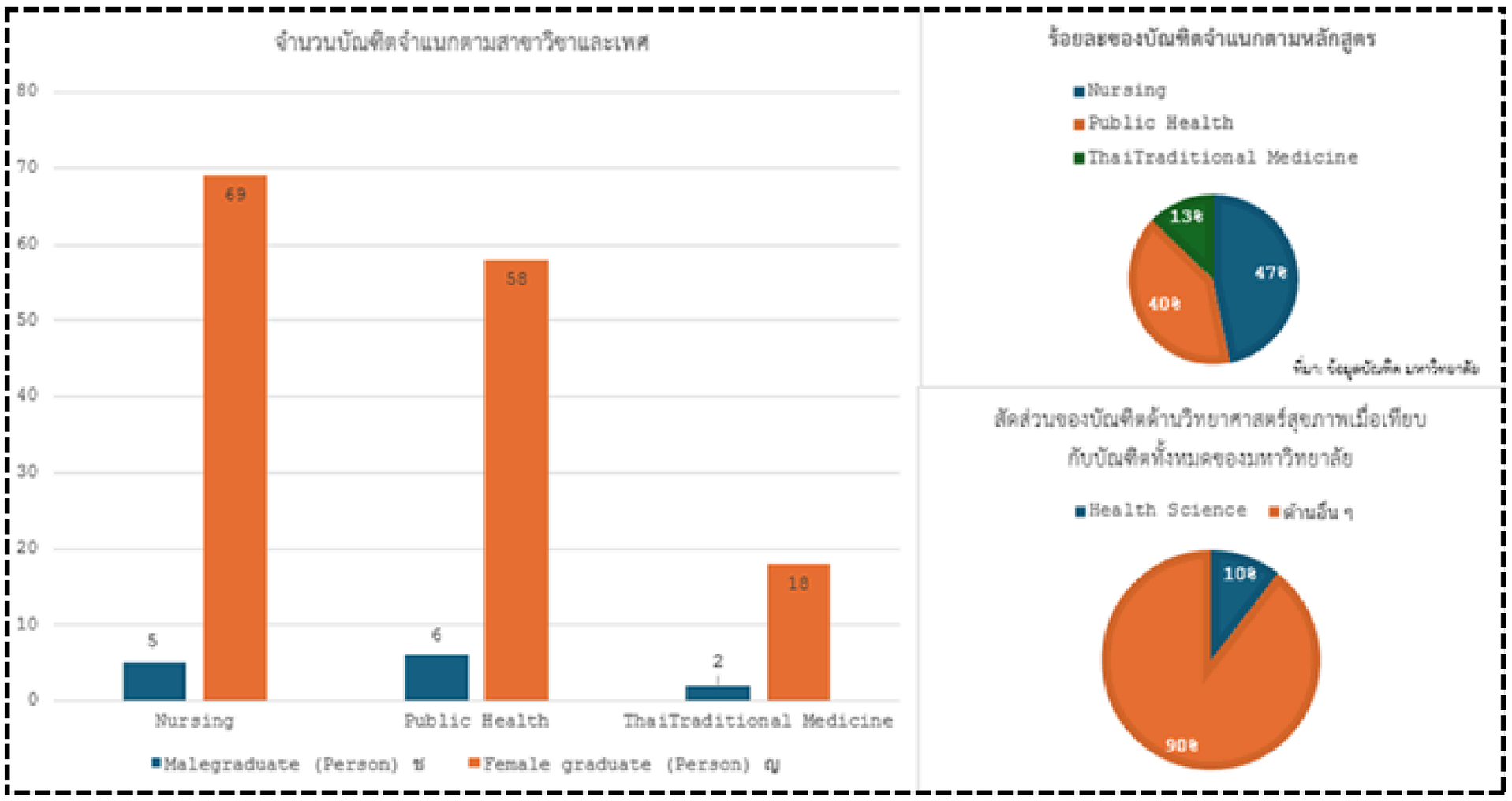


3.2 Number graduating in health professions

3.2.1 Proportion of graduates in health professions

In the 2025 academic year, Phetchaburi Rajabhat University offered 58 degree programmes, with a total of 1,514 graduates. Of these, 158 graduates were from Health Science Programmes, accounting for 10.44% of all graduates.

Field of study	Malegraduate (Person) ช	Female graduate (Person) ญ	Total (Person)	Percentage ร้อยละ
Nursing	5	69	74	46.84
Public Health	6	58	64	40.51
ThaiTraditional Medicine	2	18	20	12.66
Total (Person)	**13**	**145**	**158**	**100**



2 ZERO HUNGER
3 GOOD HEALTH AND WELL-BEING
4 QUALITY EDUCATION
5 GENDER EQUALITY
6 CLEAN WATER AND SANITATION
7 AFFORDABLE AND CLEAN ENERGY
8 DECENT WORK AND ECONOMIC GROWTH
9 INDUSTRY, INNOVATION AND INFRASTRUCTURE
10 REDUCED INEQUALITIES
11 SUSTAINABLE CITIES AND COMMUNITIES
12 RESPONSIBLE CONSUMPTION AND PRODUCTION
13 CLIMATE ACTION
14 LIFE BELOW WATER
15 LIFE ON LAND
16 PEACE, JUSTICE AND STRONG INSTITUTIONS
17 PARTNERSHIPS FOR THE GOALS

Most graduates from the Health Science Programmes were female, with 145 graduates (91.77%). This reflects Phetchaburi Rajabhat University's contribution to supporting women's participation and capacity development in health professions, which are important to the long-term development of society and communities.

In addition, the University's health-related programmes emphasize practical learning, community services, and holistic health competencies to prepare qualified graduates with a strong sense of social responsibility and commitment to promoting public health.

3.3 Collaborations and health services

3.3.1 Current collaborations with health institutions

Phetchaburi Rajabhat University recognizes the importance of health promotion and improving quality of life. The University therefore collaborates with and provides health services to communities at the international, national, and local levels to improve health outcomes and promote sustainable community well-being. Key projects and activities implemented in the 2025 academic year (2024) include:

(Global cooperation)

1. Academic Collaboration with Semmelweis University, Hungary

Phetchaburi Rajabhat University, through the Faculty of Nursing and Health Sciences, participated in a planning meeting to establish academic collaboration with the Department of Nursing, Faculty of Health Sciences, Semmelweis University, Hungary. The collaboration focuses on postgraduate nursing education and workforce development, strengthening nursing education standards in line with global health contexts, and promoting international cooperation in curriculum development, research, and health-related academic services.



2. International Collaboration in Nursing and Healthcare

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, co-hosted the 2nd International Conference on Palliative Care and Family Health Nursing (ICPC&FHIN) with the Faculty of Nursing, Thammasat University, nursing education institutions, professional nursing organizations in Thailand, and international academic institutions. The conference promoted the exchange of knowledge and research in palliative care, family nursing, and healthcare, while strengthening international academic and research networks. The Faculty's research, "Bridging Generations Through Community-Based Intergenerational Programs: A Qualitative Meta-Synthesis of Older Adults and Children Aged 0-6 Years," received the Certificate of Outstanding Poster Presentation Award in Family Health and Community Care at the conference.

3. Academic Collaboration in Nursing and Healthcare with Meiho University, Taiwan

Phetchaburi Rajabhat University signed an academic cooperation agreement with Meiho University, Taiwan, to strengthen collaboration in healthcare and nursing education, holistic care, smart technology, and eldercare. The collaboration includes student and staff exchanges, professional training, and specialist exchanges, supporting the development of nursing and healthcare capabilities and preparing for future demographic changes.







4. Academic Collaboration in Sports Science, Exercise, and Health Promotion with NPUST, Taiwan

Phetchaburi Rajabhat University, through the Sports and Exercise Science Program, Faculty of Education, discussed academic collaboration with the Department of Recreational Sport and Health Promotion, National Pingtung University of Science and Technology (NPUST), Taiwan. The collaboration focuses on knowledge and experience exchange, joint research, student and faculty exchanges, and future joint curriculum development in sports science, exercise, and health promotion.







National collaboration

1. MOU on Thai Traditional Medicine with Private Sector Partners

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, signed Memoranda of Understanding (MOUs) with Ban Mor La-or Co., Ltd. and Green Chat Natural Herb (Thailand) Co., Ltd. to strengthen Thai traditional medicine education through practical learning in real workplace settings. The collaboration provides students with professional experience and strengthens university-private sector networks to develop qualified health professionals aligned with societal needs

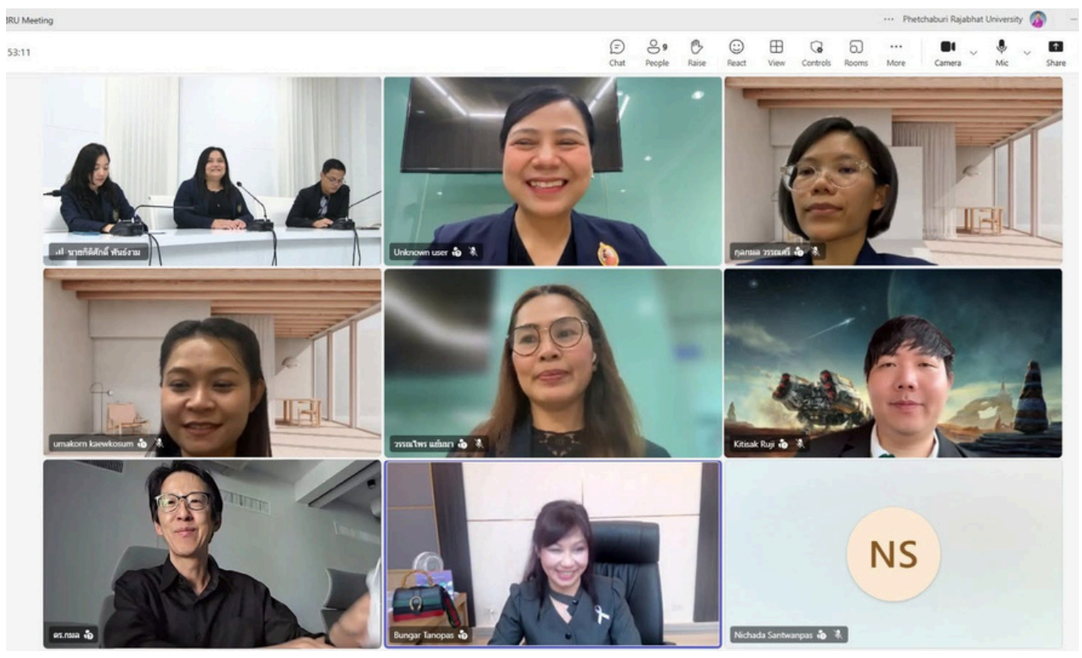




2. Academic Collaboration with the Faculty of Nursing, KMITL

Phetchaburi Rajabhat University, through the Faculty of Nursing and Health Sciences, discussed academic collaboration with the Faculty of Nursing, King Mongkut's Institute of Technology Ladkrabang (KMITL). The collaboration focuses on digital technology, innovative learning, and nursing and health science simulation, supporting teaching and learning, practical skills development, and joint knowledge creation to enhance education quality and prepare health professionals for the digital era.





3. Academic Collaboration in Nursing and Health Sciences with Kuakarun Faculty of Nursing

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, co-hosted the 2nd Nursing Academic Festival 2026 with the Kuakarun Faculty of Nursing, Navamindradhiraj University. The event promoted academic knowledge exchange, professional skills development, and sharing of advances and innovations in healthcare, contributing to the enhancement of nursing education and professional development for nurses and health personnel.





Local collaboration

1. Collaboration for Local Development and Quality of Life Improvement

Phetchaburi Rajabhat University, through the Faculty of Nursing and Health Sciences, implemented a Memorandum of Understanding (MOU) with Phetchaburi and Prachuap Khiri Khan provinces to promote academic and practical collaboration for local development. Under the “One Faculty, One District” initiative, the Faculty works in Mueang Phetchaburi District, in partnership with Phra Chomklao Hospital, Phetchaburi, integrating academic knowledge and community services to support sustainable local development and improved quality of life.





2. Collaboration with Community Health Networks to Promote Early Childhood Development

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, collaborated with local health networks to organize the “Senior Village Health Volunteers for Kids” Training Program, Cohort 4, at Hat Chao Samran Child Development Center and Hat Chao Samran Subdistrict Health Promoting Hospital, Phetchaburi Province. The training strengthened village health volunteers’ knowledge and practical skills in early childhood development assessment using the DSPM tool, nutrition promotion, and digital technology for child development, enabling them to apply the knowledge in supporting children and families in their communities.





3. Collaboration with Regional Health Networks and Health Region 5 Committee

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, participated in the "Strengthen, Showcase, Share, and Connect" collaboration meeting with health partners and the People's Health Region 5 Committee (PHC). The meeting promoted knowledge exchange, network development, and collaborative approaches to key regional health issues, including aging society, food security and healthy agriculture, protection of children and youth from e-cigarettes, and health literacy and rational drug use, supporting the development of a health system responsive to local needs.





4. Collaboration with Public Health Networks and Communities to Promote Health and Prevent NCDs

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, collaborated with village health volunteers (VHVs) and local residents to participate in an aerobic dance exercise activity at Ton Mamuang Subdistrict Municipality, Mueang Phetchaburi District, Phetchaburi Province. The activity promoted physical activity, raised awareness of healthy lifestyles, and encouraged positive health behavior changes to reduce the risk of non-communicable diseases (NCDs). It demonstrated collaboration among the University, public health networks, and local communities to promote health and well-being.







5. Collaboration with Community Health Networks to Promote Health and Prevent NCDs

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, collaborated with Ton Mamuang Subdistrict Health Promoting Hospital, village health volunteers (VHVs), and local health partners to organize the knowledge-sharing seminar "Food Fit for Fine: Eat Well, Stay Fit, and Fight NCDs." The activity disseminated knowledge, research, and innovations on NCD prevention and strengthened the capacity of more than 300 VHVs to apply the knowledge in health promotion and community care.







6. Collaboration with Health Partners to Promote Early Childhood Development in Pran Buri Subdistrict

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, collaborated with Pran Buri Subdistrict Administrative Organization, Pran Buri District Public Health Office, Pran Buri Subdistrict Health Promoting Hospital, and village health volunteers (VHVs) to organize the "Senior VHVs for Kids" practical training and the mobile academic seminar "Empowering Senior VHVs to Promote Early Childhood Development in Pran Buri Subdistrict, Prachuap Khiri Khan Province." The activities strengthened knowledge and skills in assessing and promoting early childhood development and provided opportunities to exchange approaches to child health care, contributing to a strong and sustainable community-based early childhood care network.





7. Collaboration with Phetchaburi Provincial Public Health Office to Promote Health Care through Local Wisdom

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, collaborated with the Phetchaburi Provincial Public Health Office to organize an exhibition on health care through Phetchaburi's local wisdom. The activity disseminated health-related knowledge by integrating nursing, public health, and Thai traditional medicine, while promoting the application of local wisdom in health care and contributing to improved health and well-being among people in Phetchaburi Province.





8. Collaboration with Local Networks to Promote Health and Quality of Life

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, collaborated with Khlong Wan Subdistrict Municipality and village health volunteers (VHVs) to implement a community quality-of-life development activity through the Community Health Promotion and Care Center. The activity strengthened the capacity of community health networks through knowledge transfer and practical training in mental health promotion, integrated health care, and water rescue assistance. A total of 100 VHVs participated and were equipped to apply the knowledge and skills gained in promoting the health and well-being of themselves, their families, and community members.





3.3 Collaborations and health services

3.3.2 Health outreach programmes

1. Local Communities: Health Services through the Health Promotion and Local Wisdom Center

1.1 Practical Training in Mental Health Promotion and Integrated Health Care

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, organized a community quality-of-life development activity at Khlong Wan Subdistrict Municipality, Prachuap Khiri Khan Province, on 2 June 2026. The activity provided practical training for community health networks in mental health promotion, integrated health care, and water rescue assistance. A total of 100 village health volunteers (VHVs) participated, strengthening their knowledge and skills to promote health and provide care for themselves, their families, and community members.





1.2 Project to Enhance Knowledge of Thai Traditional and Alternative Medicine

The Thai Traditional Medicine Program, Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, organized a knowledge enhancement project on Thai traditional and alternative medicine at Nong Phlap Subdistrict Administrative Organization, Phetchaburi Province, on 23 January 2026. Students provided academic outreach services to local residents, including health history taking, physical examinations, therapeutic massage, Thai traditional medicine advice, herbal compresses, and herbal hand and foot soaks. A total of 28 people received the services.





1.3 Five-Station Health Training Workshop

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, organized a community quality-of-life development activity at Nong Phlap Subdistrict Health Promoting Hospital, Phetchaburi Province, The workshop consisted of five learning stations: physical fitness assessment, basic cardiopulmonary resuscitation (CPR), local wisdom-based product processing, therapeutic massage and health exercise, and health media development using digital technology. A total of 100 health personnel, village health volunteers (VHVs), and local residents participated. The activity also provided health services to community members in Nong Phlap Subdistrict, promoting community health and well-being and strengthening local health capacity.





1.4 CHANGE for Health: Community Health Innovation through the Social Engineer Process

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, organized "CHANGE for Health: Community Health Innovation through the Social Engineer Process" at the Tha Raeng Ok Subdistrict Community Quality of Life and Occupational Promotion Center, Phetchaburi Province. The activity was conducted in collaboration with a local elderly club and involved 50 participants. It focused on health promotion and evaluating the use of the health innovation "3 Good Practices for Ramadan: Eat Well, Stay Active, and Maintain Mental Well-being" to promote appropriate health behaviors and improve the quality of life of community members.





1.5 "Senior VHVs for Kids" Practical Training Program

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, organized the "Senior VHVs for Kids" Practical Training Program, Cohort 3, at Pran Buri Subdistrict Administrative Organization, Prachuap Khiri Khan Province. The training strengthened knowledge and skills among 30 senior village health volunteers (VHVs) in promoting child development, first aid, and cardiopulmonary resuscitation (CPR) for young children. The activity aimed to enable participants to apply the knowledge and skills gained to provide safe and appropriate care for children and families in their communities.







1.6 Open House "NPT-PBRU Care for Kids"

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, organized the Open House "NPT-PBRU Care for Kids" to promote knowledge on health and early childhood development among parents and interested participants. The activity featured learning stations and demonstrations on child first aid, nutrition, child development, play-based learning, and developmental assessment, enabling participants to apply the knowledge gained to provide appropriate care for young children.





1.7 Project to Improve Quality of Life and Develop Healthy Aging Community Leaders

The Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, implemented a project to improve quality of life and develop healthy aging community leaders in Sam Krathai Subdistrict, Kui Buri District, Prachuap Khiri Khan Province. The project provided practical training on herbal health product processing using local herbs, physical fitness assessment, and entrepreneurship skills development. A total of 100 community leaders, older adults, caregivers, and local residents participated, supporting health promotion, skills development, and improved quality of life in the community.





1.8 Community Health Promotion and Care Center

The Community Health Promotion and Care Center provides health services to local residents, including health counseling and basic treatment, wound care and chronic wound management, family planning and midwifery services, as well as health promotion and disease prevention.



1.9 Thai Traditional Medicine Clinic

Operated by the Faculty of Nursing and Health Sciences, the Thai Traditional Medicine Clinic provides health services to local residents under the supervision of qualified Thai traditional medicine practitioners. Services include Thai therapeutic massage and the use of herbal products, such as herbal compresses, herbal inhalers, balms, and massage oils, to promote health and support care through Thai traditional medicine.









1.10 Social Engineer Project: “Simple Fitness for Older Adults, Every Day”

The Faculty of Education, Phetchaburi Rajabhat University, in collaboration with Nong Phlap Subdistrict Health Promoting Hospital and the Ban Nong Phlap community, implemented the Social Engineer Project “Simple Fitness for Older Adults, Every Day” to promote healthy aging. The project included physical fitness assessments, nutrition education, exercise, muscle-strengthening activities, and fall prevention. The activities encouraged older adults to develop appropriate self-care practices and maintain their health and well-being.





1.11 Project to Promote Health Knowledge and Awareness of PM2.5

The Faculty of Information Technology, Phetchaburi Rajabhat University, organized "Clean Air for Life: Innovation Showcase and Final Pitching" to promote learning and raise awareness of PM2.5 air pollution and its impacts on health and the environment among government personnel, teachers, and students from Phetchaburi and nearby areas. The activity also provided a platform for students to present innovative solutions to address PM2.5 pollution. The project promoted health knowledge, awareness of air pollution risks, and youth and community participation in creating a healthier environment.





1.12 Road Safety Promotion for Injury Prevention

Phetchaburi Rajabhat University continuously promotes road safety to prevent and reduce the risk of road accidents among students and staff through the "MOVE U Thailand: University Road Safety Measures for Sustainable Development" project. The University collaborates with the Thai Health Promotion Foundation (ThaiHealth), the World Health Organization (WHO) Thailand, and 38 Rajabhat Universities to exchange knowledge and develop road safety approaches. In addition, the University promotes helmet use, provides road safety education, and organizes motorcycle driving training and licensing examinations to encourage safe road-use behaviors and reduce road traffic injuries.





3.3 Collaborations and health services

3.3.2. Disadvantaged People

The Faculty of Nursing and Health Sciences, in collaboration with the Institute of Research and Arts and Culture Promotion, Phetchaburi Rajabhat University, implemented a project to improve quality of life and develop healthy aging community leaders in Sam Krathai Subdistrict, Kui Buri District, Prachuap Khiri Khan Province. The project promoted the health and well-being of older adults through health education, health and physical fitness assessments, exercise activities, and training in traditional basketry skills based on local wisdom. The activities aimed to improve quality of life, strengthen skills, and develop community health leaders among older adults.







3.3 Collaborations and health services

3.3.2. Refugee/Immigrant Communities

Phetchaburi Rajabhat University, through the Singkhon-Marid Studies Research Center, in collaboration with the Faculty of Education and the Faculty of Information Technology, supported Thai diaspora children and Thai communities in Myanmar. The University donated five computers and Thai-language teaching materials to support educational activities and participated in discussions on community development needs in education, economic, social, and environmental areas at Singkhon Wararam Temple, Marid Province, Myanmar.





3.3 Collaborations and health services

3.3.3 Shared Sports Facilities

Phetchaburi Rajabhat University provides equitable access to sports and exercise facilities for students, staff, external organizations, and local residents. The facilities serve as spaces for physical activity, health promotion, and social interaction.

The Sports and Recreation Center is responsible for managing and maintaining the University's sports facilities and making them available to internal users, government and private organizations, and the general public in Phetchaburi and nearby areas.

The University provides both indoor and outdoor sports facilities, including Chulalongkorn Sports Stadium, a standard multi-purpose sports field used for university- and provincial-level sporting events.

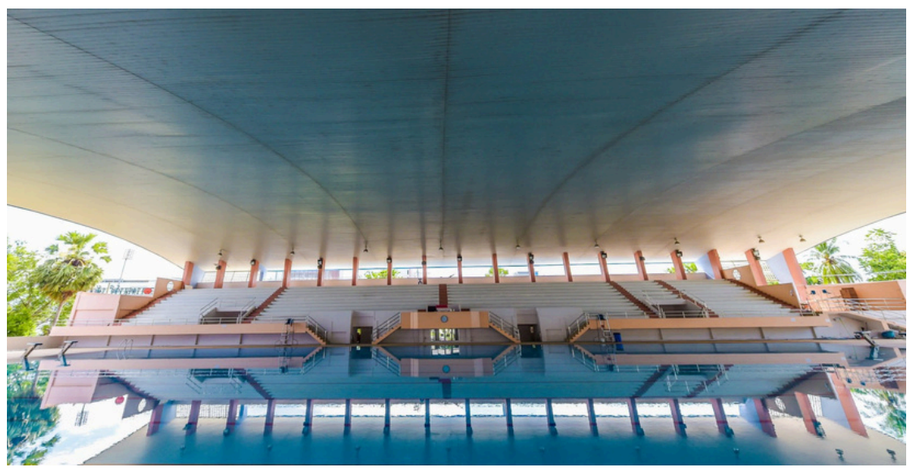




Standard Swimming Pool - For teaching and learning, sports activities, and health-oriented exercise







-Gymnasium 1 & 2 - Indoor sports training
-Indoor & Outdoor Futsal Courts - Futsal and exercise
-Beach Volleyball Court - Volleyball and recreation
-Petanque Court - Petanque and recreation
-Multi-Purpose Sports Field - Sports and exercise
-Basketball Court - Basketball and exercise
-Boxing Ring - Boxing training
-Sepak Takraw Court - Sepak takraw and exercise





The University also provides a Fitness Center with modern and well-equipped exercise facilities. It is open Monday-Friday, 5:00-8:00 p.m., for staff, students, and the general public, providing equal access to exercise facilities.

3.3 Collaborations and health services

3.3.4 Sexual and Reproductive Health Care Services for Students

Phetchaburi Rajabhat University places importance on promoting and supporting students' sexual and reproductive health. The University provides students with appropriate and safe information, knowledge, and access to sexual and reproductive health services. These services help students take care of their health, prevent sexual health risks, and access appropriate counseling and necessary health services, contributing to their physical, mental, and social well-being.

1. Breast Cancer Prevention Awareness Activity for Students

The Thanarak Club, Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, organized a training activity to enhance students' knowledge and awareness of breast cancer prevention. A total of 117 students participated. The activity included training on Breast Self-Examination (BSE), knowledge on breast cancer prevention and early detection, and e-Learning resources to support continuous learning and knowledge review.





2. Promoting Breast Health Knowledge and Skills in the Community

The Thanarak Club, Faculty of Nursing and Health Sciences, Phetchaburi Rajabhat University, organized the "Thanarak in the Community: VHVs Caring for Breast Health and Community Members" project at Hat Chao Samran Subdistrict Health Promoting Hospital, Phetchaburi Province. A total of 50 village health volunteers (VHVs) participated. The activity provided knowledge on breast cancer, risk factors, prevention, and early detection, along with demonstrations and practical training on Breast Self-Examination (BSE). The activity strengthened VHVs' knowledge and skills in breast health and enabled them to share this knowledge and promote breast health among people in their communities.





3. Promoting Knowledge of Reproductive Health, Contraception, and Prevention

The Faculty of Humanities and Social Sciences, Phetchaburi Rajabhat University, organized the "Reproductive Health, Contraception, and Prevention" activity under the PBRU DNA Project to promote students' knowledge and understanding of reproductive health and sexual health care. The Diamond Friends Club provided speakers who shared knowledge on contraception, prevention, and appropriate sexual health practices. The activity helped students apply the knowledge to take care of their own health, understand the importance of prevention, and practice safe sexual behaviors, supporting the University's commitment to promoting students' sexual and reproductive health.

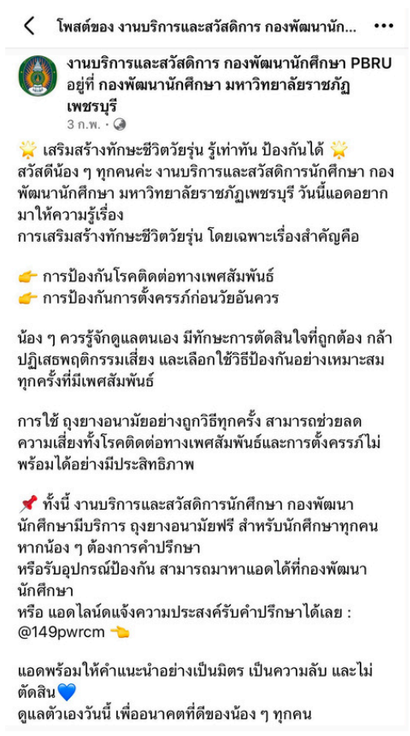




4. Sexual Health Services and Education for Students

The Student Services and Welfare Division, Student Development Division, Phetchaburi Rajabhat University, provides students with knowledge and life skills related to sexual health, including the prevention of sexually transmitted infections (STIs), unintended pregnancy, and safe sexual practices.

The University also provides free condoms and confidential sexual health counseling for students, with respect for privacy and confidentiality. These services help students access essential information and preventive resources and make informed decisions about their sexual health.





5. Promoting Sexual Health Knowledge and Skills for Students

The Student Development Division, Phetchaburi Rajabhat University, organized the "Gen Z Strong Life @ PBRU Campus" project on 11 February 2026, with 500 students participating. The project aimed to strengthen students' life skills and awareness in preventing unintended pregnancy and sexually transmitted infections (STIs).

The activities included:

-Knowledge on preventing STIs and unintended pregnancy

-Guidance on correct condom use and practical training using demonstration models

The activity also provided opportunities for students to ask questions and exchange views. It helped students develop knowledge and practical skills to prevent sexual health risks and apply them appropriately in their daily lives.





3.3 Collaborations and health services

3.3.5 Mental health support for students

Phetchaburi Rajabhat University continuously promotes students' mental health by developing accessible, friendly, and appropriate mental health support and counseling services. The University aims to help students manage stress and mental health challenges effectively while supporting their emotional well-being, psychological health, and readiness for learning.



1. PBRU Wellness Mind Clinic

Phetchaburi Rajabhat University established the PBRU Wellness Mind Clinic under the Student Development Division to provide mental health support and counseling services for students and staff. Trained psychologists and counselors provide both in-person and online services. Services include appointments with psychologists, online counseling, and group activities and workshops to promote mental health and life skills. These services help students access appropriate mental health support and counseling when needed.



2. Counseling Staff Capacity Development

Phetchaburi Rajabhat University, through the Student Development Division, sent staff to participate in the Capacity Development Program for Counselors in Higher Education Institutions, Cohort 1. The program aimed to enhance knowledge and skills in counseling and supporting students' mental health. The training included knowledge sharing, experience exchange, and practical exercises in counseling and adolescent mental health care. It equipped staff with the knowledge and skills to provide appropriate and effective counseling and support for students.





3. Mental Health Promotion and Support for Students

The Student Development Division, Phetchaburi Rajabhat University, through the Student Services and Welfare Unit, organized the "Mental Health of PBRU: Building Hope and Moving Forward Together - YC" project on 11 March 2026, with 120 students participating. The project aimed to help students manage stress, anxiety, and mental health challenges appropriately.

The activities included training on active listening, supportive communication, and stress relaxation techniques, as well as workshops and role-playing activities to develop counseling and peer-support skills. The activity helped students develop skills to care for their own mental health and support their peers appropriately.





4. Mental Health Skills Development for Academic Advisors

The Student Development Division, Phetchaburi Rajabhat University, organized the seminar "Counseling Techniques for Students for Academic Advisors" to enhance academic advisors' knowledge and skills in supporting and counseling students. The seminar focused on understanding Generation Z students, identifying risk behaviors, and using appropriate communication and counseling techniques.

The activity strengthened academic advisors' capacity to care for, support, and promote students' mental health, while contributing to a more effective student support system.





3.3 Collaborations and health services

3.3.6 Smoke-Free Policy

Phetchaburi Rajabhat University places importance on preventing and reducing the health impacts of smoking and e-cigarette use among students and staff. The University promotes a smoke-free environment and raises awareness of the health risks and harmful effects of tobacco and e-cigarettes, creating a safe and healthy environment for everyone.

1. Continuous Implementation of the Smoke-Free University Policy

Phetchaburi Rajabhat University announced the Phetchaburi Rajabhat University Smoke-Free Policy B.E. 2024 (2567) and has continued to implement the policy to promote a smoke-free environment and protect the health of students and staff. The policy establishes smoke-free areas and related measures across the University and continues to serve as the framework for the University's smoke-free initiatives in 2026.
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ประกาศมหาวิทยาลัยราชภัฏเพชรบุรี
เรื่อง นโยบายการขับเคลื่อนมหาวิทยาลัยราชภัฏเพชรบุรีปลอดบุหรี่ พ.ศ. ๒๕๖๗

ตามบันทึกข้อตกลง ว่าด้วย ความร่วมมือในการขับเคลื่อนการดำเนินงานสถานศึกษาระดับอุดมศึกษาปลอดบุหรี่ เพื่อเป็นการยกระดับการคุ้มครองสุขภาพอนามัยของ นักเรียน นักศึกษา และบุคลากรในมหาวิทยาลัยราชภัฏเพชรบุรีจากบุหรี่ โดยเฉพาะเด็กและเยาวชนซึ่งเป็นทรัพยากรที่สำคัญของชาติให้มีประสิทธิภาพยิ่งขึ้น โดยมุ่งเน้นการดำเนินงานให้เป็นสถานศึกษาปลอดบุหรี่

อาศัยอำนาจตามความในมาตรา ๓๓ (๑) แห่งพระราชบัญญัติมหาวิทยาลัยราชภัฏ พ.ศ. ๒๕๔๗ และตามมติคณะกรรมการดำเนินงานสถานศึกษาปลอดบุหรี่ ในคราวประชุมครั้งที่ ๑/๒๕๖๘ วันที่ ๑๓ กุมภาพันธ์ ๒๕๖๘ และเพื่อให้การดำเนินการเป็นไปตามบันทึกข้อตกลง ว่าด้วย ความร่วมมือในการขับเคลื่อนการดำเนินงานสถานศึกษาระดับอุดมศึกษาปลอดบุหรี่ ข้อ ๒.๑ ในการร่วมกันผลักดันให้สถานศึกษาระดับอุดมศึกษา มีการประกาศนโยบายเป็นสถานศึกษาระดับอุดมศึกษาปลอดบุหรี่ พร้อมทั้งให้มีการจัดสิ่งแวดล้อมปลอดบุหรี่ตามกฎหมายว่าด้วยการควบคุมผลิตภัณฑ์ยาสูบ จึงออกประกาศกำหนดนโยบายการขับเคลื่อนมหาวิทยาลัยราชภัฏเพชรบุรีปลอดบุหรี่ พ.ศ. ๒๕๖๗ ดังต่อไปนี้

ข้อ ๑ ประกาศนี้เรียกกว่า "ประกาศมหาวิทยาลัยราชภัฏเพชรบุรี เรื่อง นโยบายการขับเคลื่อนมหาวิทยาลัยราชภัฏเพชรบุรีปลอดบุหรี่ พ.ศ. ๒๕๖๗"

ข้อ ๒ ประกาศนี้ให้ใช้บังคับตั้งแต่วันถัดจากวันประกาศเป็นต้นไป

ข้อ ๓ ในประกาศนี้

"มหาวิทยาลัย" หมายถึง มหาวิทยาลัยราชภัฏเพชรบุรี

"บุหรี่" หมายความรวมถึง บุหรี่ไฟฟ้า หรือผลิตภัณฑ์ที่มีสารนิโคตินเป็นส่วนประกอบ ซึ่งบริโภคโดยวิธีสูบ ดูด ดม อม เคี้ยว กิน เป่า หรือพ่นเข้าไปในปากหรือจมูก ทา หรือโดยวิธีการอื่นใดเพื่อให้ได้ผลเป็นเช่นเดียวกัน

ข้อ ๔ สถานที่ส่วนที่เป็น "อาคารหรือสิ่งปลูกสร้าง" ของมหาวิทยาลัยเป็นสถานที่สาธารณะที่ให้มีการคุ้มครองสุขภาพของผู้ไม่สูบบุหรี่ โดยกำหนดให้เป็นเขตปลอดบุหรี่ทั้งหมด

ข้อ ๕ สถานที่นอกเหนือจากพื้นที่ส่วนที่เป็นอาคารหรือสิ่งปลูกสร้างตามข้อ ๔ สามารถจัด "เขตสูบบุหรี่" เป็นการเฉพาะได้

ข้อ ๖ การจัดเขตปลอดบุหรี่ มีลักษณะดังนี้

๖.๑ มีเครื่องหมายแสดงไว้ให้เห็นได้โดยชัดเจนว่าเป็นเขตปลอดบุหรี่

๖.๒ ไม่มีอุปกรณ์หรือสิ่งอำนวยความสะดวกเพื่อการสูบบุหรี่

๖.๓ มีสภาพและลักษณะอื่นใดตามที่รัฐมนตรีประกาศกำหนดโดยคำแนะนำของคณะกรรมการควบคุมผลิตภัณฑ์ยาสูบแห่งชาติ

ข้อ ๗ การจัดให้มีเขตสูบบุหรี่ ควรมีลักษณะดังนี้

๗.๑ มีเครื่องหมายแสดงไว้ให้เห็นได้โดยชัดเจนว่าเป็นเขตสูบบุหรี่

๗.๒ ไม่อยู่ในบริเวณ...

-๒-

๗.๒ ไม่อยู่ในบริเวณทางเข้า - ออกของสถานที่หรือยานพาหนะนั้น หรือในบริเวณอื่นใด

๗.๓ มีพื้นที่เป็นสัดส่วนชัดเจน โดยคำนึงถึงการระบายอากาศที่เหมาะสมและไม่มีลักษณะที่อาจก่อให้เกิดความเดือดร้อนรำคาญแก่ผู้อื่น

๗.๔ แสดงสื่อรณรงค์เพื่อการลด ละ เลิกการสูบบุหรี่

๗.๕ มีสภาพและลักษณะอื่นใดตามที่รัฐมนตรีประกาศกำหนดโดยคำแนะนำของคณะกรรมการควบคุมผลิตภัณฑ์ยาสูบแห่งชาติ

ข้อ ๘ เจ้าหน้าที่รักษาความปลอดภัย สังกัดสำนักงานอธิการบดี มีหน้าที่ตรวจตรา และถ่ายภาพบุคลากรและนักศึกษาที่ฝ่าฝืนสูบบุหรี่ในเขตปลอดบุหรี่ เพื่อส่งให้หน่วยงานต้นสังกัดพิจารณาดำเนินการตามเห็นควรต่อไป ดังนี้

๘.๑ กรณีบุคลากรของมหาวิทยาลัยฝ่าฝืนสูบบุหรี่ในเขตปลอดบุหรี่ ส่งภาพให้หน่วยงานต้นสังกัดพิจารณาดำเนินการตามเห็นควรต่อไป

๘.๒ กรณีนักศึกษาของมหาวิทยาลัยฝ่าฝืนสูบบุหรี่ในเขตปลอดบุหรี่ ต้องตัดคะแนนความประพฤติ ตามระเบียบมหาวิทยาลัยราชภัฏเพชรบุรี ว่าด้วย วินัยนักศึกษา พ.ศ. ๒๕๕๒

๘.๓ กรณีผู้เข้ามาภายในพื้นที่มหาวิทยาลัย ต้องปฏิบัติตามพระราชบัญญัติคุ้มครองสุขภาพของผู้ไม่สูบบุหรี่ พ.ศ. ๒๕๓๕ ผู้ฝ่าฝืนสูบบุหรี่ต้องระวางโทษปรับตามอัตราที่กฎหมายกำหนด

ข้อ ๙ การดำเนินงานที่เกี่ยวข้องกับสถานศึกษาปลอดบุหรี่ของมหาวิทยาลัยราชภัฏเพชรบุรี ให้เป็นไปตามพระราชบัญญัติควบคุมผลิตภัณฑ์ยาสูบ พ.ศ. ๒๕๖๐ กฎ ระเบียบ ข้อบังคับ ที่ออกตามความในพระราชบัญญัติดังกล่าว ตลอดจนประกาศกระทรวงสาธารณสุข เรื่อง กำหนดประเภทหรือชื่อของสถานที่สาธารณะ สถานที่ทำงาน และยานพาหนะ ให้ส่วนหนึ่งส่วนใดหรือทั้งหมดของสถานที่และยานพาหนะเป็นเขตปลอดบุหรี่ หรือเขตสูบบุหรี่ในเขตปลอดบุหรี่ พ.ศ. ๒๕๖๑ อย่างเคร่งครัด

จึงประกาศให้ทราบโดยทั่วกัน และให้ถือปฏิบัติโดยเคร่งครัด

ประกาศ ณ วันที่ ๒๘ กุมภาพันธ์ พ.ศ. ๒๕๖๘

(ผู้ช่วยศาสตราจารย์ ดร.เสนาะ กลิ่นงาม)
อธิการบดีมหาวิทยาลัยราชภัฏเพชรบุรี

กองพัฒนานักศึกษา

2. Smoke-Free Higher Education Institution Assessment and Development

Phetchaburi Rajabhat University, through the Student Development Division, welcomed the evaluation committee for the Outstanding Smoke-Free Higher Education Institution Assessment 2024-2026. The committee reviewed and evaluated the University's implementation according to the smoke-free higher education institution standards, covering seven areas: policy, networks, environment, communication, learning, innovation, and screening. The assessment reflects the University's systematic and continuous implementation of its smoke-free policy.





3. Smoke-Free Higher Education Institution Recognition

Phetchaburi Rajabhat University, through the Student Development Division, received a Certificate of Recognition for a Smoke-Free Higher Education Institution, 2024-2026, at the Development Initiation Level, under the project for developing comprehensive and sustainable smoke-free higher education institutions free from e-cigarettes and tobacco products. The recognition reflects the University's efforts to promote a smoke- and e-cigarette-free environment and raise awareness among students and staff of the health impacts of tobacco products.





4. Building Resilience and Preventing Risk Behaviors

Phetchaburi Rajabhat University sent staff and members of the To Be Number One Club to participate in the Risk Prevention and Drug Abuse Prevention Program for Higher Education Institutions in the Lower Central Region from 18–21 June 2026. The activity aimed to strengthen knowledge and skills in preventing risk behaviors and substance use. It also promoted awareness of the harmful effects of drugs and smoking and encouraged compliance with designated smoke-free areas at the event venue.









5. Knowledge Exchange and Development of the Smoke-Free University Initiative

Phetchaburi Rajabhat University participated in a lessons-learned meeting under the "Comprehensive and Sustainable Development of Smoke-Free Higher Education Institutions, E-Cigarettes, and Tobacco Products" project. The meeting provided an opportunity to exchange knowledge and experiences with higher education networks on smoke-free university initiatives. The knowledge and approaches gained were applied to continuously improve the University's environment and promote a smoke-free and tobacco-free campus in a sustainable manner.

6. Designation of Smoke-Free and E-Cigarette-Free Areas

Phetchaburi Rajabhat University designates the entire University campus as a smoke-free and e-cigarette-free area, covering all types of tobacco products. This policy aims to protect the health of students, staff, and visitors on campus.

The University promotes compliance by installing signs indicating smoke-free areas, providing health education and awareness activities through student programs, and organizing training for "Youth for a Tobacco-Free Future" volunteers. The University also collaborates with hospitals and public health agencies to provide counseling and support for individuals who wish to quit smoking.



